



Crown Villa Apartments

1201 King George Blvd., Savannah, GA 31419
(912) 925-8035



NOV/DEC 2022



HIGHLIGHTS

Checkout Double-Check

After making a purchase, take a minute to scan your receipt before leaving the store. If you find a mistake, you can stop at customer service to have it corrected, saving you another trip.

Germ Hot Spots

Help dodge cold and flu germs by soaping up or sanitizing your hands after coming into contact with high-traffic surfaces that can harbor germs. Be vigilant after touching elevator buttons, stair handrails, communal gym equipment, store shopping carts, and restaurant menus and condiment containers. Viruses and bacteria can lurk on these hard surfaces up to 48 hours.

Delete Spam, Save the Earth

Although less wasteful than paper junk mail, spam emails have a negative effect on the planet, too. Sending and storing emails uses energy that is stored in servers around the world, and the average junk email message produces 0.3 grams of carbon dioxide. Considering the amount of spam mail just one person gets in a day, that can add up quickly. Let this fact motivate you to regularly clear out your junk mail folders and unsubscribe from promotional messages from brands you don't use. Your inbox will be cleaner and the planet will be, too!

BULLETIN BOARD

The Crown Villa Team
Area Manager
Tami Mora
Leasing/

Assistant Manager
Andrea Gorisek
Maintenance Technician
Nigel Cooper

ATTN: RESIDENTS

Please continue to check your emails that are on file with the office. Any kind of notices, news, or reminders the office has for you will be going to your email.



NOTES & NEWS

Important Numbers

Office (912) 925-8035
Fax (912) 925-8017
Emergency Number (912) 247-2079
website address crownvillasavannah.com

Cold and Flu Truth

"Feed a cold, starve a fever." This saying has been around for centuries, but how much truth is behind it? Doctors say nutritious foods can provide energy to fight an illness, but don't force yourself to eat if you aren't hungry. However, staying hydrated is important, so drink plenty of fluids.

No one likes getting the flu.



**Don't forget
your
flu shot!**

**Congratulations, Andrea, on the birth of
your sweet baby boy!**

Please Help Us to Welcome Our New Team Members to Crown Villa Apartments!

Tami Mora, Area Property Manager
Nigel Cooper, Maintenance Tech

Recognition for Veterans

On Veterans Day, Nov. 11, America comes together to honor and thank veterans for their service in the nation's armed forces.



TRIVIA WHIZ

The Dish on Cranberries

Brightening up many Thanksgiving tables, cranberries are a symbol of the season and of American heritage. These tiny red berries are packed with lots of fun facts!

- Native to North America, cranberries have a long history among Indigenous peoples and Colonial settlers. In addition to food, they were used to dye fabrics and treat wounds.
- The Pequot and Leni-Lenape tribes called the fruit *ibimi*, or “bitter berry,” due to its tart flavor. When German and Dutch settlers arrived, they noticed the plant’s flowers resembled the head and bill of a crane. The name “crane berries” eventually became cranberries.
- Cranberries grow on small shrubs with trailing vines. An efficient way of harvesting them is to flood the fields with water, then use a machine to collect the floating fruit.
- Some of today’s cranberry beds are over 100 years old and still yielding fruit.
- Fresh cranberries make up only 5% of the annual harvest. The remaining bounty is processed into canned sauce, bottled juice and other products.
- In the U.S., 400 million pounds of the berries are eaten every year, about 20% during the week of Thanksgiving.
- One can of cranberry sauce contains around 200 cranberries.
- High in vitamin C and antioxidants, the berries are known for their health benefits and ability to prevent certain infections.
- Cranberries bounce! The “bounce test” is a tried-and-true method of checking a cranberry’s freshness.



The Art of Upcycling

Transforming trash into treasure—that’s the philosophy of upcycling. Whether you want to save money, help the environment, stretch your creative muscles or all of the above, let these projects inspire you to upcycle something.

If a beloved knitted sweater or flannel shirt has a few holes or no longer fits, give it a second life as a cozy cover for a throw pillow.

Before you recycle glass jars,

bottles and tin cans, ask yourself if they can fulfill a storage need. These containers can be decorated in a variety of ways to fit your style, from covering them in paper, colored tape or paint; wrapping them in twine, yarn, burlap or ribbon; or gluing on twigs, buttons or flat glass marbles.

Corks have lots of creative reuses. Try this easy project: Glue the corks together in any shape you want, with the flat ends facing out. Hang it up as a quirky memo board or use it as a trivet for a hot pan.

Love the retro look? Take some cassette tapes and glue them together to form a *rectangular box*. Arrange them vertically to hold office supplies or cooking utensils, or make a shallower container that you can plant succulents in.

Even if you’re just a little handy, it’s fairly easy to attach casters to a small dresser or nightstand, transforming it into a rolling cart for your kitchen.

Shake Up Your Thanksgiving Sides

Thanksgiving is all about traditions, including the foods we eat at the feast. If you want to serve up your favorites with a different flair this year, consider one or more of these easy twists:

Serve a sprouts salad. Often served steamed or roasted on Thanksgiving, Brussels sprouts are also an ideal green for a crisp, refreshing salad. Thinly slice raw sprouts and toss with slivered almonds, crumbled bacon, dried cranberries and dressing.

Embrace fall fruits. If canned cranberry sauce is usually your jam, try making your own this year. Recipes usually call for orange juice and zest to complement the cranberries; amp up the fruity flavor by adding pomegranate seeds and diced apples and pears.

Sneak in squash. Add a boost of fall flavor and nutrition by incorporating butternut squash in a creative way. Sub some squash in your usual recipe

for sweet potato casserole or sweet potato pie, or replace some of the cubed bread in your stuffing with diced butternut squash.

Try a mashed potato makeover. Mashed potatoes usually top the list of the nation’s favorite Thanksgiving sides. But that doesn’t mean you can’t give them a subtle upgrade. Try stirring in roasted garlic or fresh herbs such as parsley, thyme or chives.





Soccer on the Global Stage

The world's biggest sporting event kicks off this month on Nov. 20, with the opening match of the 2022 FIFA World Cup.

Played every four years, the World Cup is soccer's most prestigious tournament. Only the top 32 countries qualify, and much like the Olympics, thoughtful consideration is given to selecting the host nations, venues, logos, themes and mascots. Hosted by the small country of Qatar, this year's contest is the first to be held in the Middle East.

The World Cup usually takes place during the summer, but since midyear temps in Qatar can climb to 120° F, this year's tournament was moved to the fall. The qualifying countries will be split into eight groups of four, with each group's top two finishers advancing to the final 16. From there, it's a classic knockout tournament until the final match on Dec. 18.

North America will be represented well in the 2022 World Cup, as Canada, Mexico and the U.S. all qualified for the tournament. Other favorites in the soccer world that made the cut include Argentina, Brazil, England, France, Germany and Spain. France is the reigning champion, while Brazil has the most World Cup wins, with five. Brazil is also the only country to have played in every World Cup, including the first contest in 1930.

The 2018 World Cup drew in over 3.5 billion viewers, with over 1 billion tuning in for the final match. Experts anticipate as many as 5 billion viewers for this year's tournament.

Maple Breakfast Braid

This sausage-stuffed breakfast dish packs the perfect mix of sweet and savory!

Ingredients:

- 1 package (16 ounces) breakfast sausage
- 1/4 cup maple syrup
- 2 eggs, beaten
- 1/2 cup green onions, sliced
- 2 Granny Smith apples, peeled and diced
- 1 1/2 cups dry herb stuffing mix
- 1 package (2 sheets) frozen puff pastry, thawed
- 2 egg whites
- 1 teaspoon water

Directions:

Preheat oven to 400° F.

In a large bowl, combine sausage, syrup, beaten eggs, green onions, diced apples and stuffing mix.

Dust work surface with flour and roll out one pastry sheet to a 12-by-18-inch rectangle. Transfer pastry to large baking sheet lined with parchment paper. Spoon half of sausage mixture down center of pastry.

Make 3-inch cuts down sides of pastry. Fold each strip in toward the center, alternating sides, to "braid" the dough. Fold both ends of the pastry in to seal the filling. In a bowl, beat egg whites and water; brush the egg wash over the pastry. Repeat steps with the second pastry sheet.

Bake 25 to 30 minutes or until brown, rotating pans after 15 minutes.

*Find more recipes at
Culinary.net.*



"With every deed you are sowing a seed, though the harvest you may not see."

—*Ella Wheeler Wilcox*

"We are each other's harvest; we are each other's business; we are each other's magnitude and bond."

—*Gwendolyn Brooks*

"Your talent is a seed; cultivate it, and in no time, you will harvest success."

—*Matshona Dhliwayo*

"The law of harvest is to reap more than you sow. Sow an act and you reap a habit. Sow a habit and you reap a character. Sow a character and you reap a destiny."

—*James Allen*

"Every thought is a seed. If you plant crab apples, don't count on harvesting Golden Delicious."

—*Bill Meyer*

"The harvest of old age is the recollection and abundance of blessing previously secured."

—*Marcus Tullius Cicero*

"Only those who sow seeds of change can hope to grow and reap a harvest."

—*Andrea Goeglein*

"Care less for your harvest than for how it is shared, and your life will have meaning and your heart will have peace."

—*Kent Nerburn*

"I am in love with this world ... I have tilled its soil, I have gathered its harvest, I have waited upon its seasons, and always have I reaped what I have sown."

—*John Burroughs*



November 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Rent Is Due Dia De Los Muertos Begins	2 DIA DE LOS MUERTOS	3	4	5 Don't Miss It! Last Day to Pay Rent Before Late Fees Begin!
6 Oh, No! Late Fees Begin Today Daylight Saving Time Ends	7	8	9	10	11 *** Thank You VETERANS 	12 Happy Birthday Jessie Orzechowski!
13	14 Don't Say Goodbye! Stop by Today to Renew Your Lease	15 Pest Control Inside	16 Happy Birthday Dawn Cusack!	17	18	19
20	21 Happy Birthday Joseph Schneider!	22	23	24 Happy Thanksgiving! Office Closed Happy Birthday Natica Benjamin!	25 Office Closed	26
27	28	29	30 Happy Birthday Larry Clark!	NOVEMBER		

December 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
DECEMBER				1 Rent Is Due	2	3
4	5 Don't Miss It! Last Day to Pay Rent Before Late Fees Begin!	6 Oh, No! Late Fees Begin Today	7	8 Happy Birthday Monisha Day! Happy Birthday Tiffany Mitchell!	9	10
11	12 Don't Say Goodbye! Stop by Today to Renew Your Lease	13 90 Day Inspection & Filter Change	14	15	16	17
18	19	20 Pest Control Outside	21 ❄️❄️❄️ Winter Arrives ❄️❄️❄️	22 Happy Birthday Jimeka Swan!	23 Office Closed	24
25 <i>Merry Christmas</i>	26 Office Closed	27	28 Happy Birthday Diette Neal!	29	30  MAKE YOUR RESOLUTIONS!	31 NEW YEAR'S EVE!